



THE CO-OPERATIVE UNIVERSITY OF KENYA
END OF SEMESTER EXAMINATION MAY 2022
EXAMINATION FOR THE DEGREE IN TOURISM MANAGEMENT
UNIT CODE: BTM 1203
UNIT TITLE: LEISURE, RECREATION AND PLAY

DATE: MAY 2022

TIME:

INSTRUCTIONS:

- Answer question ONE (compulsory) and any other TWO questions

Question 1

- a) Define the following terms

(6 Marks)

Tourism Leisure

Tourism Recreation

Tourism Play

- b) Tourism leisure, recreation and play are integrated and share common themes, describe five leisure, recreation and play concepts that justify this relationship

(10 Marks)

- c) With example of recreational activities, describe seven modern and well equipped leisure and recreational facilities in Kenya

(14 Marks)

Question 2

- a) People participate in leisure, recreation, and play for different reasons, with examples, explain different forms of leisure and recreation
- b) Describe five social benefits of leisure, recreation and play in the society

(10 Marks)

(10 Marks)

Question 3

- a) There are many theories in the study of leisure, recreation and play that seek to explore, justify and study the efficacy of leisure and recreational activities in life. Discuss and explain two leisure, recreation and play theories.

(20 Marks)

Question 4

- a) There are varying factors that hinder people from participating in leisure, recreation and play, describe factors that constrain and limit people from participating these activities. **(10 Marks)**
- b) Different people participate in different leisure and recreational activities due to many diverse factors, discuss five factors that facilitate and influence people to participate in leisure and recreation travel **(10 Marks)**

Question 5

- a) Describe five emerging factors influencing the development of recreational activities and facilities in tourism **(10 Marks)**
- b) Leisure, recreational activities and play contribute a lot in the economic development of a nation. Explain five positive impacts leisure, recreational activities and play has contributed to the development of Kenya **(10 Marks)**

